

Bowral Garden Club Inc.

(Established in 1963)

Affiliated with The Garden Clubs of Australia Inc.

Patrons: Chris & Charlotte Webb OAM



Friendship through Gardening

November 2018 Newsletter

What's on in November

5 November (Monday) 10.30am:

Garden visit and morning tea at Miel Kroon's, 5 Martha Street, Bowral.

Miel's Art Studio features as part of the Southern Highlands Art Studio Trail being held 3 & 4 November and 10 & 11 November

12 November (Monday) 2.00pm:

Club Meeting: Members' photographs exhibited on the big screen.

26 November (Monday) 10.30am:

Garden visit and morning tea at Patty Mouhtouris' "Prittlewell", 21 Bodycotts Lane, Fitzroy Falls

From the President

The Plant Stall was a great success and I'd like to thank all who provided plants, preparation for the day, their presence on the day, and especially the 'setter upperers' who arrived at the crack of dawn.



Bowral was a busy place to be on the 13th and we had a lot of competition, but we still managed to make money, stay dry and have fun.

The raffle prizes were won by Kristine Gow, Sue Bassett and a Sydney-sider, Libby, who won the night's accommodation so kindly donated by Patty Mouhtouris.



What's on in December

3 December (Monday):

Christmas Function
Bookings essential



Garden Clubs are wonderful things, full of lovely people willing to share. I've just been to the Berry Garden Festival and visited 4 town gardens and 3 out of town properties. Stunning....and the ideas I've come back with have made my husband's head spin. Mind you, he picked up some ideas of his own that I'm not too sure about.



I was surprised to learn that Berry has had frosts this year and the extreme heat they have is not something Real Estate agents are keen to share! But it's a lovely town to visit and they have some good restaurants too.....

More photos of Deb's garden visits follow at the end of the newsletter

From the Editor

Finally, some decent rainfalls - the garden is loving it, and yes, the snails are out in abundance. Thank you, Maryann, for the tip on using a tin with snail pellets inside, I can feel happy now my Daisy (King Charles Cavalier) can't eat the pellets.

For those members who missed our last meeting with guest speaker Nicholas Bray I have included some pictures of his wonderful landscape designs at the end of the newsletter.

We have had a busy month during October with the plant stall and two garden visits in Bowral. What a delight it is to enjoy these wonderful gardens, morning tea and friendship.

Muriel has some more reminiscences for us to ponder as well as a poem, so enjoy your reading

Newsletter articles can be emailed to:
secretary@bowralgardenclub.com

Plant of the Month



Native – Mint Bush

Mint bush is a native to Australia genus of flowering plants (*Prostanthera violacea*) of the Lamiaceae family. A small to medium sized dense shrub with highly aromatic foliage releasing a mint essence into the atmosphere. A lavish display of violet flowers throughout spring and early summer attracting butterflies and small insect-eating birds. Traditionally used as a medicinal herb by the Budawang Dhurga language group as a 'rub' to smell and clear sinuses.

www.gardeningwithangus.com.au/prostanthera-minty-native-mint-bush/
www.slowfoodaustralia.com.au

Muriel's Musings

The Garden Club held their 1998 Christmas picnic basket luncheon in Corbett Gardens and it was a great success, even without the jelly beans hunt. We returned to the Presbyterian Hall and the CWA choir came and they sang for us, superbly, a selection of flower songs. "In an English Country Garden, To a Wild Rose, Edelweiss and everyone's favourite Waterlilies. Our afternoon tea spread would have had Jenny Craig throwing up her hands but we were there to enjoy ourselves and best of all we contributed \$150 to the 'Giving Bowl' to be shared between the Salvation Army and Rainbow of the Southern Highlands providing some christmas cheer for needy children.

Fridays don't seem to work out the way I would prefer them to!! The 5th Oct didn't go as well as it could have for when I took the carton of tomato juice from the frig to take my tablets I gave it a few energetic shakes and *THE TOP FELL OFF*, there was juice all over the white floor - a right mop n bucket job. That done I felt in need of a coffee but as I picked up the little jar of Maccona it slipped from my grasp and

THE TOP FELL OFF, it spilt all the coffee onto the bench - so as not to waste it I took a knife and spoon and scraped it together then returned it to the jar. Finally, there were only a dozen or so coffee crystals left and as I scraped them into a line that wee small voice in my head whispered "You could snort that " but I didn't. Friday the 11th and my bout of the "100 days cough " cold was heralded in with 8 hearty sneezes.

Passing years

As each year passes I think we grow more contented, age is the richest season, like Autumn when the leaves are yellow, speaking of a kindly wisdom
We know our limitations and are content with the simple things of life.

Muriel

Garden Tips for November - Maryanne Hewitt

Now that we have had such glorious rain, we have snails and aphids!!

Snails - use coffee grounds (see last month's newsletter) OR collect the snails by hand every day; wear gloves; snails are not clean!! OR wash out a tall tin from the kitchen, place 5 or 6 pellets of snail bait in the tin, put the tin in the garden lying down and facing away from the direction from which you would hose; secure with a brick or a piece of bent wire - check the tin every few days, the snails will be in the tin - pets cannot get the pellets.



Aphids - hose off – I am told they will not climb up the plant again - OR you could use a spray but BEFORE you do, look carefully for the spotted ladybirds, they are there to eat the aphids. I use the recipe (see last month's newsletter) based on cooking oil - light application needed.



With all the gardens open at the moment and so many beautiful blossoms, I have noticed a couple of *Cercis Siliquastrum* - the Judas tree - they have a purple/dark pink flower in clusters along the trunk different to many flowering trees; leaves

are dark green, round and 'heart' shaped; the trunk itself has blackish bark, tree grows to about 5m with the canopy about 4m. It is said that this is the tree from which Judas hanged himself after the betrayal of Christ.

Preparing pots for planting - if you are using terracotta or concrete pots, this is a moisture saver!! Make sure the pot is dry and paint at least 2 coats of any old paint left overs around the inside of the pot - IF you don't intend to put the pot mix to the top of the pot then keep the paint level a few cm below the top of the pot if the paint is not to be seen - both concrete and terracotta are porous and a lot of moisture can be lost through the pot.

Recycling tips from Muriel - Takeaway coffee cup. Remove bottom; cover top generously with a layer or two of plastic held on with a rubber band; make a hole in the plastic to allow drainage; place your growing medium in the cup and then the seed/cutting. Care for as usual; when the plant is ready to put into a larger container or the garden, remove the rubber band and the plastic then the cups contents can be planted in one go and not disturb the seedling/cutting. Thank you, Muriel!!



Minutes of General Meeting 8 October 2018

Present: 85 members and 10 visitors

Apologies: Cherie Ogden, Jan Scott, Judy Martin, Bev Andrews, Pat Dowling, Sandy Westwood, Camilla Williamstown, Peta Peter, Sue Hand, Lorraine Richardson

President Deb Evered opened the meeting at 2pm welcoming members. Deb introduced and welcomed our guest speaker Nicholas Bray.

Nicholas has over 25 years of experience in landscape architecture, horticulture and environmental planning. He studied landscape architecture in Australia and Canada and horticulture at the Royal Horticultural Society's garden at Wisley in

the UK. He has also worked at the Hanbury Botanical Gardens in La Mortola, Italy and completed projects in Spain, UK, Singapore and Canada.

Nicholas proceeded to take us through a series of slides of various projects, whether they be residential programs or commercial programs Nicholas believes in restraint – the less is more philosophy. Nicholas Bray Landscapes specialises in creating beautiful sanctuaries within larger landscapes. Designs are thought provoking and usually incorporate sculptural art and tries to create a link between architecture and the environment.

Deb thanked Nicholas for his talk and presented him with a gift.

Minutes:

The minutes of the September 2018 meeting were printed in the October newsletter.

Motion: that the minutes be accepted as a true record of the meeting

Proposed: Deb Evered

Seconded: Patty Mouhtouris

Correspondence In:

- ❖ Flyer for Spring Open Gardens on 6th & 7th October, raising funds for Challenge Southern Highlands Gardens participating are Perennial Hill & Bangala where there will be plant sales & light refreshments
- ❖ Email from Harper's Mansion who are having a Garden Club Morning – Heritage Rose Time on Thursday 8th November, 10.00 am – 1.00 pm
- ❖ Letter of approval from Wingecarribee Shire Council for our plant stall
- ❖ Email from Wingecarribee Shire Council letting us know of 2 Community Garden Open Days being
 - Moss Vale Community Gardens – Spring Equinox Open Day Sunday 23rd September
 - Bowral – Four Seasons Community Garden Sunday October 21st 9am – 2pm Garden talks, Stalls and Kids Activities

- ❖ myopendgarden Upcoming Events notice
- ❖ Southern Highlands View club are having a Fashion Show and Lunch on Wednesday 17th October, 11.00am – 2 pm at Bowral Bowling Club. Cost \$30 – proceeds go to The Smith Family
- ❖ Thankyou card from Noelene & Bob Bailey
- ❖ Flyers from Galston Open Gardens 19th – 21st October
- ❖ Flyers from Gardenalia Open Garden & Plant Stall Robertson – see their website for times & other info
- ❖ On Sunday 28th October Wollondilly's Open Garden and Arts Trail 2018
- ❖ A further myopendgarden Upcoming Event – An Artistic Garden at Yass on Friday 16th November
- ❖ September edition of Wingecarribee's magazine – Today
- ❖ The Garden Clubs of Australia Inc 2019 calendar
- ❖ Flyer from NSW Floral Art Association for the Floral Design Competition and Demonstrations- Friday 1st and Saturday 2nd February 2019

Correspondence Out:

- ❖ A Thank You note to Southern Highlands Chamber of Commerce & Industry for Tulip Time Festival prize money
- ❖ Magazine renewal to Garden Clubs of Australia

Treasurer's Report:

The financial report was read, proposed by Sue Piscato and seconded by Ray Bradley

General Business:

- ❖ Deb presented Maryke Archbold-Hession from The Southern Highlands Evening Branch of the CWA with a cheque for \$1,000 as part of our donation towards the NSW Drought Relief. Our donation will go towards a variety of programs which aim to help our farmers locally where needed
- ❖ Tulip Time Parade – Eric thanked the

working party and all involved with the success on the day

- ❖ Raffle tickets were available at the meeting and further will be available at the plant stall
- ❖ Our Christmas luncheon will be at Briars on the 3rd December. The cost is \$50, seating needs to be booked. Pay on line or see Sue Ciscato our treasurer to pay with cash.
- ❖ Elaine Lye thanked all the members who visited her garden last month and commented on how much of a pleasure it was to share her garden. She also gave a grateful thank you to her catering ladies
- ❖ Annette Lane promoted the Spring Spectacular Fashion Parade for Southern Highlands Community Hospice to be held on the 24th October

Lucky Door Prize: 1st prize Sue Bassett, 2nd Kristine Gow and 3rd Steve Westwood

Trading Table: Thank you to Annette and helpers

Show and Tell:

- ❖ Kristine Gow had brought in a cutting of 'native mint bush' - lovely showy purple flowers, prefers a shady garden and is frost hardy
- ❖ Muriel showed us her latest invention for growing seeds using a recycled coffee cup

Any Other Business: none

Next Meeting: 12th November, 2018 at 2 pm, Uniting Church Hall, Bendooley Street, Bowral. Members photographs to be displayed

Welfare Officer

Please contact Maryann Hewitt at the meeting or by mobile phone 0431717634 to notify the Club of a member's change of circumstance and welfare. Thank you

Your Committee		
President:	Deb Evered	48621407
Vice-President:	Anne Curvers	
Secretary:	Rosalyn Mulligan	48713667
Membership:	Lorraine Richardson	48622677
Treasurer:	Sue Ciscato	48713732
Public Officer:	Maryann Hewitt	0431717634
Welfare Officer	Maryann Hewitt	
Committee:	Elaine Lye, Glenys Lilliendal, Judith Lewis	

Website: bowralgardenclub.com

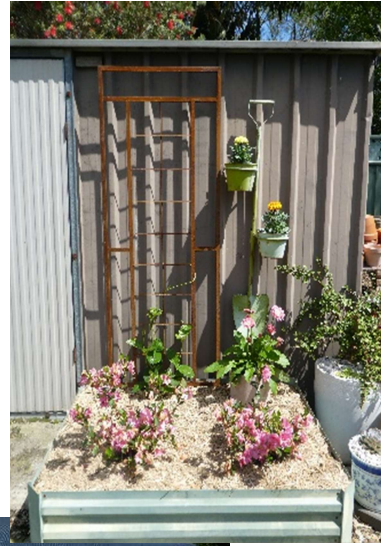
Newsletter Editor: Rosalyn Mulligan



From the Trading Table

Left over plants from the Plant Stall will be available for sale at our next meeting

Deb's Garden visit to Berry



Nicholas Bray Landscapes

You can view Nicholas' inspiring works at <http://nicholasbray.net.au/>



*"Designs are thought provoking
and incorporate sculptural
form"*

*"Sanctuaries within larger
landscapes"*

